

# RAF's BBASI CT

## SAMPLE SCHEDULE (Beginner)

	MON	TUES	WED	THURS	FRI
7.45 AM	Wake up	Wake up	Wake up	Wake up	Wake up
8.00 - 8.30 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.40 - 9.00 AM	Organized Warm-up	Organized Warm-up	Organized Warm-up	Organized Warm-up	Organized Warm-up
9.00 - 10.30 AM	Classical Technique	Classical Technique	Classical Technique	Classical Technique	Classical Technique
	Break/Snack	Break/Snack	Break/Snack	Break/Snack	Break/Snack
10.45 - 11.45 PM	Pointe / Pre-Pointe	Pointe / Pre-Pointe	Pointe / Pre-Pointe	Pointe / Pre-Pointe	Pointe / Pre-Pointe
11.55 - 12.30 PM	Extracurricular Activity	Extracurricular Activity	Extracurricular Activity	Extracurricular Activity	Extracurricular Activity
12.30 - 1.00 PM	Lunch	Lunch	Lunch	Lunch	Lunch
1.45 - 3.00 PM	Character	Character	Character	Character	Character
	Break/Snack	Break/Snack	Break/Snack	Break/Snack	Break/Snack
3:15 - 4:30 PM	Repertoire	Repertoire	Repertoire	Repertoire	Repertoire
4.50 - 5.40 PM	Extracurricular Activities	Extracurricular Activities	Extracurricular Activities	Extracurricular Activities	Extracurricular Activities
5.45 - 6.15 PM	Dinner	Dinner	Dinner	Dinner	Dinner
6.30 - 9.00 PM	Extracurricular Activities	Extracurricular Activities	Extracurricular Activities	Extracurricular Activities	Movie Night
9.00 - 9.30 PM	Private Time	Private Time	Private Time	Private Time	
9.30 PM	Lights Out	Lights Out	Lights Out	Lights Out	

\*Schedule is subject to change

\*\*\*There will be a 3 day evaluation period at the beginning of each session during which participants may be switched from group to group at the Master Teachers' discretion.